



**NAIJA KIDS STANDARD BODY MEASUREMENTS: BIRTH - 2YE
BOYS AND GIRLS, 56-92CM ALL MEASUREMENTS IN 'INCHES**

S/N	HEIGHT(CM)		56	64	72
			4-5	6-7	8
	APPROXIMATE AGE		BIRTH	3m	6m
1	B	Chest	16 ¹ / ₈	17 ¹ / ₄	18 ¹ / ₂
2	C	Waist	16 ¹ / ₈	17	17 ³ / ₄
3	D	Hip/seat	16 ¹ / ₈	17 ¹ / ₄	18 ¹ / ₂
4	E	Across back	6 ⁵ / ₈	7	7 ¹ / ₂
5	F	Neck size	8 ³ / ₄	9	9 ¹ / ₂
6	G-H	Shoulder (half)	3	3 ⁴ / ₅	4
7	I	Upper arm	5 ³ / ₄	6	6 ¹ / ₄
8	K-L	Scye depth	3 ¹ / ₂	3 ³ / ₄	4 ¹ / ₄
9	K-M	Back neck-waist	6 ¹ / ₄	6 ³ / ₄	7 ¹ / ₂
10	M-N	Waist-hip	2 ³ / ₄	3 ¹ / ₈	3 ¹ / ₂
11	K-O	Cervical height	16 ⁵ / ₈	19 ³ / ₈	22 ¹ / ₄
12	M-P	Waist-knee	7 8/9	9	10
13	H-T	Arm length	7 ⁵ / ₈	8 ³ / ₄	9 ³ / ₄
14	U	Head circumference	16 ¹ / ₄	17 ¹ / ₂	18 ¹ / ₄
15	V	Vertical trunk	26	28 ³ / ₄	33 ¹ / ₂
16	W	Ankle girth	4 ¹ / ₄	2 ³ / ₄	5 ¹ / ₂
17	X-Y	Foot length	3 ¹ / ₄	3 ³ / ₄	4 ¹ / ₄
18		Trouser Length	11	13	15
19		Inside Leg	3	3	3 ¹ / ₄
20		Body Rise	8	10	11 ³ / ₄
21		Thigh	8	10	12
22		Round Sleeve	6	6 ¹ / ₂	6 ³ / ₄
23		Sleeve Lengths(long)	9	10 ¹ / ₄	11 ¹ / ₂
24		sleeve Lengths(Short)	3	3	3 ³ / ₈
25		Length of Shirt	10	11 ³ / ₄	13 ³ / ₄
26		Wrist	4 ³ / ₄	5	5 1/9
		Extra Measurements (Garments)			
		Cuff size, two-piece sleeve			
		Cuff size, shirts			
		Trouser bottom width			
		Jeans bottom width			

ARS		
80	86	92
9-10	11-12	-
12m	18m	2years
19³/₈	20¹/₂	21¹/₄
18¹/₂	19¹/₄	20 ¹/₈
19³/₄	20¹/₂	21¹/₄
8	8¹/₄	8³/₄
9³/₄	10	10¹/₄
4¹/₂	4³/₄	5
6⁵/₈	6³/₄	7
4¹/₂	4³/₄	5
8 1/9	8⁵/₈	9
3⁷/₈	4¹/₄	4¹/₂
25 ¹/₈	27¹/₄	29³/₈
11	11³/₄	12⁵/₈
10 8/9	11³/₄	12⁵/₈
19 ¹/₈	19¹/₂	19⁷/₈
34¹/₄	36¹/₄	38
5¹/₂	5³/₄	5 8/9
4³/₄	5 1/9	5¹/₂
17	19	20
3³/₄	3³/₄	4
13¹/₄	15¹/₄	16
14	15¹/₂	16¹/₂
7	7¹/₄	7⁵/₈
12¹/₄	13 1/9	14
4	4	4
15	16⁷/₈	17³/₄
5¹/₄	5 ¹/₄	5³/₈
3³/₄	3³/₄	3⁷/₈
5³/₄	5³/₄	5 8/9
5³/₄	6	6 1/9
1	5 1/9	5¹/₄



**STANDARD BODY MEASUREMENTS: GIRLS 3-14 Y
BOYS AND GIRLS, 56-92CM ALL MEASUREMENT I**

S/N	HEIGHT(CM)		98	104	110
	APPROXIMATE AGE		3	4	5
1	B	Chest	21 ⁵ / ₈	22 ³ / ₈	23 ¹ / ₄
2	C	Waist	20 ¹ / ₂	21 ¹ / ₄	22
3	D	Hip/seat	22	23 ¹ / ₄	24 ³ / ₈
4	E	Across back	9	9 ¹ / ₄	9 ⁵ / ₈
5	F	Neck size	10 ¹ / ₂	10 ³ / ₄	10 8/9
6	G-H	Shoulder (half)	5 ¹ / ₂	5 1/9	5 ¹ / ₂
7	I	Upper arm	7 ¹ / ₄	7 ¹ / ₂	7 ³ / ₄
8	K-L	Scye depth	5 ¹ / ₄	5 ³ / ₈	5 ³ / ₄
9	K-M	Back neck-waist	9 ¹ / ₂	10	10 ³ / ₈
10	M-N	Waist-hip	4 ³ / ₄	5 1/9	5 ¹ / ₄
11	K-O	Cervical height	31 ¹ / ₂	33 ⁵ / ₈	35 ³ / ₄
12	M-P	Waist-knee	13 ³ / ₈	14 ¹ / ₄	15
13	U	Head circumference	20 ¹ / ₈	20 ³ / ₈	20 ⁵ / ₈
14	W	Ankle girth	6 1/9	6 ¹ / ₄	6 ¹ / ₂
15		Thigh	17	17 ¹ / ₂	18
16		Gown Length(Long)	24	27	31
17		Shoulder-Waist	10	10 ¹ / ₄	10 ⁵ / ₈
18		Length of Shirt	18 ¹ / ₃	19	20
19		Short Dress	23 ¹ / ₂	26	29
20		Sleeve Length(long)	13	14	15
21		Sleeve Length(Short)	4	4 ⁵ / ₈	5
22		Round Sleeve	7 ³ / ₄	8	8 ¹ / ₄
23		Body Rise	6	7 1/9	7 ³ / ₈
24		Inside Leg	14 ¹ / ₂	15 8/9	17 ⁵ / ₈
25		Trouser Length	20 ¹ / ₂	23	25
26		Wrist	5 ¹ / ₂	5 ³ / ₄	6
Extra Measurements (Garments)					
		Cuff size, two-piece sleeve	4	4 1/9	4 ¹ / ₄
		Cuff size, shirts	6	6 ¹ / ₄	6 ³ / ₈
		Trouser bottom width	6 ¹ / ₄	6 ¹ / ₂	6 ³ / ₄
		Jeans bottom width	5 ¹ / ₄	5 ¹ / ₂	5 ³ / ₄

EARS

N INCHES

116	122	128	134	140	146	152	158
6	7	8	9	10	11	12	13
24	24 ³ / ₄	26	27 ¹ / ₄	28 ¹ / ₄	29 ¹ / ₂	30 ³ / ₄	31 ⁷ / ₈
22 ³ / ₄	23 ⁵ / ₈	24	24 ³ / ₈	24 ³ / ₄	25 ¹ / ₄	25 ⁵ / ₈	26
25 ⁵ / ₈	26 ³ / ₄	27 ⁷ / ₈	29 ¹ / ₈	30 ¹ / ₄	31 ¹ / ₂	32 ³ / ₄	33 ³ / ₄
9 8/9	10 ¹ / ₄	10 ³ / ₄	11 1/9	11 ¹ / ₂	12	12 ³ / ₈	12 ³ / ₄
11 1/9	11 ³ / ₈	11 ³ / ₄	12 ¹ / ₄	12 ⁵ / ₈	13	13 ³ / ₈	13 ³ / ₄
5 ³ / ₄	6	6 1/9	6 ¹ / ₄	6 ³ / ₈	6 ³ / ₄	6 ³ / ₄	7
7 8/9	8	8 ³ / ₈	8 ³ / ₄	9	9 ¹ / ₄	9 ⁵ / ₈	10
5 8/9	6 1/9	6 ³ / ₈	6 ³ / ₄	7	7 ¹ / ₄	7 ¹ / ₂	7 ³ / ₄
10 8/9	11 ³ / ₈	12	12 ¹ / ₂	13 1/9	13 ⁵ / ₈	14 ¹ / ₄	14 ³ / ₄
5 ¹ / ₂	5 ³ / ₄	6	6 ¹ / ₄	6 ⁵ / ₈	6 8/9	7 ¹ / ₄	7 ³ / ₈
37 ⁷ / ₈	40	42 1/8	44 ¹ / ₄	46 ³ / ₈	48 ¹ / ₂	50 ⁵ / ₈	52 ³ / ₄
15 ³ / ₄	16 ¹ / ₂	17 ³ / ₈	18 ¹ / ₄	18 ⁷ / ₈	20	20 ⁷ / ₈	21 ³ / ₄
20 ⁷ / ₈	21 ¹ / ₈	21 ¹ / ₄	21 ³ / ₈	21 ⁵ / ₈	21 ³ / ₄	21 ⁷ / ₈	22
6 ³ / ₄	6 8/9	7	7 ¹ / ₄	7 ¹ / ₂	7 ³ / ₄	7 8/9	8
18 ¹ / ₂	19	19 ¹ / ₂	20	20 ¹ / ₂	21	21 ¹ / ₂	22
33 ¹ / ₂	36	38	40	41 ¹ / ₂	42 ¹ / ₂	44	45
10 8/9	11 ¹ / ₄	11 ¹ / ₂	12	12 ³ / ₈	12 ³ / ₄	13 ³ / ₈	13 ³ / ₄
21	21 ⁴ / ₅	22 ¹ / ₂	23	23 ¹ / ₂	24	24 ¹ / ₂	25 ¹ / ₄
32	34	35	36	37	38	39	40
16	17	18	18 ¹ / ₂	19	19 ¹ / ₂	20	21
5	5 ¹ / ₄	5 ¹ / ₂	5 ³ / ₄	6	6 ¹ / ₄	6 ¹ / ₂	7
8 ³ / ₈	8 ⁵ / ₈	8 ³ / ₄	9 ¹ / ₄	9 ³ / ₈	9 ⁵ / ₈	9 ³ / ₄	10 ¹ / ₄
7 ⁵ / ₈	7 ³ / ₄	8	8 ¹ / ₄	8 ¹ / ₂	8 ³ / ₄	8 ³ / ₄	9
18 ³ / ₈	21 ¹ / ₂	23 ³ / ₄	24 ⁵ / ₈	26 ¹ / ₄	27 1/8	27 ¹ / ₂	28 ¹ / ₅
26	29 ¹ / ₄	31 ³ / ₄	32 ⁷ / ₈	34 ⁴ / ₅	35 ³ / ₄	36 ¹ / ₄	37 ¹ / ₄
6 ¹ / ₂	6 ³ / ₄	7 1/9	7 ¹ / ₄	7 ¹ / ₄	7 ³ / ₈	7 ¹ / ₂	7 ⁵ / ₈

4 ¹ / ₄	4 ¹ / ₄	4 ¹ / ₂	4 ⁵ / ₈	4 ³ / ₄	5	5 1/9	5 ¹ / ₄
6 ¹ / ₄	6 ³ / ₄	6 8/9	7	7 ¹ / ₄	7 ³ / ₄	7 8/9	8
6 8/9	7	7 ¹ / ₄	7 ¹ / ₂	7 ³ / ₄	7 8/9	8	8 ¹ / ₄
5 8/9	6 1/9	6 ¹ / ₄	6 ¹ / ₂	6 ³ / ₄	6 ³ / ₄	7	7 ¹ / ₄

164

14

$33\frac{1}{8}$

$26\frac{1}{2}$

35

$13\frac{1}{4}$

$14\frac{3}{8}$

7

$10\frac{1}{4}$

$8\frac{1}{9}$

$15\frac{1}{4}$

$7\frac{3}{4}$

$54\frac{7}{8}$

$22\frac{5}{8}$

$22\frac{1}{4}$

$8\frac{1}{4}$

$22\frac{1}{2}$

46

14

26

41

$21\frac{1}{2}$

$7\frac{1}{4}$

$10\frac{3}{8}$

$9\frac{1}{4}$

$29\frac{1}{8}$

$38\frac{3}{8}$

$7\frac{3}{4}$

$5\frac{3}{8}$

$8\frac{1}{4}$

$8\frac{1}{2}$

$7\frac{1}{2}$



NJK MEASUREMENT GIRLS 13 -14

S/N		13-14	14-15	15-16	S
1	Chest	33	34	35	36 ³ / ₄
2	Waist	26 ¹ / ₂	27 ³ / ₄	28 ⁵ / ₈	29 ³ / ₈
3	Hip/seat	34	35	37	39
4	Across back	12 ³ / ₄	13 ¹ / ₄	13 ³ / ₄	14 ¹ / ₄
5	Neck size	13 ³ / ₄	14 ¹ / ₄	14 ⁵ / ₈	15
6	Shoulder (Half)	7	7	7 ¹ / ₄	7 ¹ / ₂
7	Wrist	7 ³ / ₄	8	8 ¹ / ₄	8 ¹ / ₂
8	Scye depth	7 ³ / ₄	8	8 1/9	8 ¹ / ₂
9	Back neck-waist	14 ³ / ₄	15	15 ¹ / ₄	15 ¹ / ₂
10	Waist-hip	7 ³ / ₈	7 ³ / ₄	7 8/9	8 1/9
11	Waist-knee	21 ¹ / ₂	22	22 ¹ / ₂	23
12	Body rise	9 ¹ / ₄	9 ⁵ / ₈	9 ³ / ₄	10
13	Inside leg	29 1/8	29 ³ / ₄	29 ⁵ / ₈	30
14	Thigh	23	23 ¹ / ₂	24	24 ¹ / ₂
15	Gown Length	46	47	48	49 ¹ / ₂
16	Shoulder-Waist	14	14 ¹ / ₂	15	15 ¹ / ₂
17	Length of Shirt	26	26 ¹ / ₂	27	27 ¹ / ₂
18	Short Dress Length	41	41 ¹ / ₂	42	43
19	Sleeve Length(Long)	21 ¹ / ₄	21 ¹ / ₂	21 ³ / ₄	22
20	Sleeve Length(Short)	7 ¹ / ₄	7 ¹ / ₂	7 ³ / ₄	8
21	Round Sleeve	10 ³ / ₈	10 ³ / ₄	11 ¹ / ₂	12
22	Ankle Girth	8 ¹ / ₄	8 ¹ / ₂	8 ³ / ₄	8 8/9
23	Head Circumference	22 ¹ / ₅	22 ¹ / ₂	22 ³ / ₄	22 ³ / ₄
24	Trouser Length	38 ³ / ₈	39 ³ / ₈	39 ³ / ₈	40



M	L	XL	AL	AXL
37⁷/₈	39	40	41	42
30¹/₄	31	31³/₄	32	32¹/₂
41	42	43	43	44
14³/₄	15¹/₄	15¹/₄	15¹/₂	15³/₄
15³/₈	15³/₄	16	17	17¹/₂
7¹/₂	8	8	8	8¹/₂
8³/₄	9	9¹/₂	9³/₄	10
9	9 1/9	9¹/₂	9³/₄	10
15³/₄	16	16¹/₄	16¹/₂	17
8¹/₄	8¹/₂	8³/₄	9	9
23¹/₂	24	24¹/₂	25	25
10	10⁵/₈	11	11	11
31	31³/₈	32	33	34
25	25¹/₂	26	26	27
51¹/₂	53¹/₂	55¹/₂	56	56
16	16	16¹/₂	17	17
28	28¹/₂	29	29¹/₂	30
44	45	46	46	46¹/₂
23	23¹/₂	24	24	24¹/₂
8¹/₂	9	9	10	10
12¹/₂	13	14	15	16
9 1/9	9¹/₄	9¹/₂	9³/₄	10
22⁷/₈	23	23	24	25
41	42	2	43	45